



# Structured Self Development I

Hints and Tips  
For  
Taking SSD I



**YOU ARE ACCESSING A U.S. GOVERNMENT (USG) INFORMATION SYSTEM (IS) THAT IS PROVIDED FOR USG-AUTHORIZED USE ONLY.**

By using this IS (which includes any device attached to this IS), you consent to the following conditions:

- The USG routinely intercepts and monitors communications on this IS for purposes including, but not limited to, penetration testing, COMSEC monitoring, network operations and defense, personnel misconduct (PM), law enforcement (LE), and counterintelligence (CI) investigations.
- At any time, the USG may inspect and seize data stored on this IS.
- Communications using, or data stored on, this IS are not private, are subject to routine monitoring, interception, and search, and may be disclosed or used for any USG-authorized purpose.
- This IS includes security measures (e.g., authentication and access controls) to protect USG interests—not for your personal benefit or privacy.
- Notwithstanding the above, using this IS does not constitute consent to PM, LE or CI investigative searching or monitoring of the content of privileged communications, or work product, related to personal representation or services by attorneys, psychotherapists, or clergy, and their assistants. Such communications and work product are private and confidential. See [User Agreement](#) for details.

Enter the ALMS Through AKO



First Lt. Daniel Midgett of the 5th Special Forces Group, right, kicks Sgt. First Class Jeff Duncan of Fort Leonard Wood July 27 during the 2012 U.S. Army Combat Judo Tournament at Fort Hood, TX. (Photo by U.S. Army)

Enter using your CAC

CAC/PIV Login

**Sign in using your CAC/PIV**

Insert your CAC/PIV into the card reader, then Sign in.



Low Bandwidth

Sign in directly to Webmail

[Having trouble accessing AKO?](#)

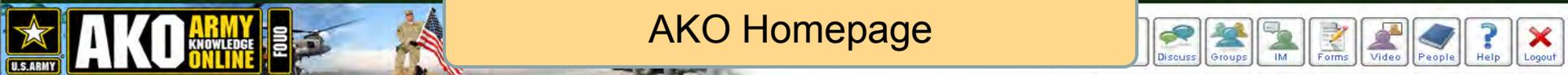
**New to AKO? Sign up**



Like AKO/DKO | About | Help | Mobile | Terms | [hr.carmy.mil](#) | [MIBack](#) | [Air Force Portal](#) | [Manned](#) | [Navy Enterprise Portal](#)

© 2012 Army Knowledge Online. The security accreditation level of this site is UNCLASSIFIED//FOUO and below.

This information system is approved for UNCLASSIFIED//FOUO data



AKO Homepage

Click on the "Self Service" Tab to open the drop down menu

Click on "My Training" link

- AKO Mail Inbox (99)
- New Notifications (0)
- New In My Files (0)
- New In My Blogs
- My Tasks
- Tell CPT AKO/Tell 1
- G1 Suicide Preven
- Webmail Lite
- AKO Speed Test
- AKO Training
- CAC Resource Cer
- Smart Deals
- Inside AKO/DKO
- Antivirus Services
- Army e-Commerce
- DA Pubs & Forms
- My Benefits
- My Clothing
- My Dental
- My Doctrine
- My Education
- My Family
- My Finance
- My Health Resources
- My Legal
- My Library
- My MEB/PEB
- My Medical
- My Medical Readines
- My MilPay
- My Personnel
- My Pet
- My Reference
- My Safety
- My Security
- My Training
- My Transition
- My Travel
- My Travel Pay
- My Vision
- My Weather

- Instructions on how to sign and encrypt/unencrypt e-mail.
- Troubleshooting guidance on CAC-related issues.
- Information about purchasing CAC readers for personal use.

Last Login  
01 Aug 2012 17:15 GMT via username/password from

Army Links  
[AKO for Army Retirees](#)  
[Army Publications](#)  
[DTS](#)

Toolbox  
[Manage My Groups](#)  
[Edit My Favorites](#)  
[Edit Notification Settings](#)  
[Create a Site](#)  
[Create a Page](#)

My Training Screen

If you have not been registered for a SSD Course, click on this link to go to ATRRS for registration

Central Army Registry (CAR) Search Register a New Document

Structured Self-Development selfDevelopment center Register for SSD Training: Structured Self-Development - Level 1 Structured Self-Development - Level 3 Structured Self-Development - Level 4 Already Registered? Visit the ALMS Current Enrollments page to launch your Structured Self-Development training.

Click on the ALMS Logo to display the ALMS Homepage

If you cannot see the ALMS Logo, scroll down to find the Gadget

ALMS Access the ALMS or click the logo above. The ALMS is an integral component of the Army Distributed Learning System (DLS), and is the Army's automated system for individual training management. The ALMS delivers training to soldiers and DA civilians, manages training information, provides training collaboration, scheduling, and career planning capabilities in both resident and non-resident training environments. IN ORDER TO USE THE ALMS, YOU MUST DISABLE THE POP-UP BLOCKER IN THE

Table with 2 columns: Height / Weight and Physical Training. Includes fields for Test Date, Height, Weight, Pass/Fail, Body Fat %, B/F Pass, Profile End Date, and Profile.

Central Army Registry (CAR) Search The CAR will get you where you need to "know" Search Register a New Document

Army Career Tracker (ACT) ARMY CAREER TRACKER GET ON THE RIGHT PATH!



### Welcome Bobby Kirts

Notice - 12 June 2012: The ALMS will be offline for system maintenance from 7:00 PM EST on 20 June, 2012 until 3:00 AM on 21 June 2012. Please plan your work accordingly.

bottom left to be sure your pop-up windows must be enabled.

user Settings" button to make s.

S 3.1 [click here.](#)

To see current news announcements (Updated May 21, 2012) [click here.](#)

Before you get started, click on the "Browser Setting" Button to ensure your browser is compatible

**Training Catalog Search**

Search for Training here

**Current Enrollments**

Training I am currently enrolled in

**Detailed Training Records**

Training I have completed

**ACCP Search**

Search for ACCP Training here

**Assigned Tasks**

Tasks I am responsible for

**Collaborative Army Training (CAT)**

**Browser Setting**

Check Browser Setting requirements

**Course Map**

Training requirements, Course progress and Certification status

**Links**

Help Center

ALMS Tutorial | Blackboard | ATRRS

## Is Your Internet Browser ALMS Compatible?

The following browser compatibility tests represent the **minimum and required** settings that will allow you to view the majority of ALMS courseware in your internet browser.

	<b>Recommended Requirements</b>	<b>Your System Results</b>	<b>Additional Info</b>
1 Javascript Status	Enabled	<b>Enabled</b>	<a href="#">Click Here</a>
2 Operating System	Microsoft XP, Vista or Win 7	<b>Win 7</b>	<a href="#">Click Here</a>
3 Internet Browser	Explorer 7 or 8	<b>Explorer 7</b>	<a href="#">Click Here</a>
4 Flash Player	10+	<b>11,2,202,22</b>	<a href="#">Click Here</a>
5 Pop-Up Blocker	Not Blocked	<b>Not Blocked</b>	<a href="#">Click Here</a>
6 Cookies Enabled	Yes	<b>Yes</b>	<a href="#">Click Here</a>
7 Screen Resolution	1024 x 768+	<b>1920 x 1080</b>	<a href="#">Click Here</a>
8 Color Depth	32 Bits	<b>32 Bits</b>	<a href="#">Click Here</a>

If you have any additional questions, please contact  
ATHD directly through e-mail at [ask.athd@us.army.mil](mailto:ask.athd@us.army.mil) or call 1-800-275-2872



### Welcome Bobby Kirts

Notice - 12 June 2012: The ALMS will be offline for system maintenance from 7:00 PM EST on 20 June, 2012 until 3:00 AM on 21 June 2012. Please plan your work accordingly.

Click the "Browser Setting" button on the bottom left to be sure your pop-up blocker is disabled. Browser pop-up windows must be enabled.

Internet Explorer Users: Click the "Browser Settings" button to make adjustments.

To see what is new in ALMS 3.1 [click here.](#)

To see current ALMS announcements (Updated May 21, 2012) [click here.](#)

**Catalog Search**  
Search for Training here

**Current Enrollments**  
Training I am currently enrolled in

**D...**  
T...

**ACCP Search**  
Search for ACCP Training here

**Assigned Tasks**  
Tasks I am responsible for

**C...**  
T...

**Browser Setting**  
Check Browser Setting requirements

**Course Map**  
Training requirements, Course progress and Certification status

**Links**  
Help Center  
ALMS Tutorial | Blackboard | ATRRS

1<sup>st</sup> Time User?  
Check out the  
Tutorials

# ALMS Tutorials

Video Learning Series

# ARMY

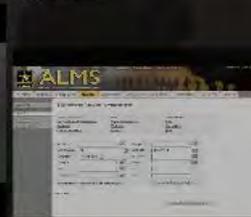


## LEARNING MANAGEMENT SYSTEM 3.0

Click a Video Below to Begin...



An Introduction to the  
ALMS



How to Register for a  
Learning Offering



How to Register for a  
Certification





### Welcome Bobby Kirts

Notice - 12 June 2012: The ALMS will be offline for system maintenance from

You will have already been registered for SSD. Click on the "Current Enrollments" Button to view your enrollments.

To see current ALMS announcements (May 21, 2012) [click here.](#)



**Catalog Search**  
Search for Training here



**Current Enrollments**  
Training I am currently enrolled in



**Detailed Training Records**  
Training I have completed



**ACCP Search**  
Search for ACCP Training here



**Assigned Tasks**  
Tasks I am responsible for



**Collaborative Army Training (CAT)**



**Browser Setting**  
Check Browser Setting requirements



**Course Map**  
Training requirements, Course progress and Certification status



**Links**  
Help Center  
ALMS Tutorial | Blackboard | ATRRS

# ALMS My Enrollments Screen

SSD appears on the Enrollments Page in collapsed form with plus signs used to expand the course to view modules and lessons



THE ARMY LEARNING MANAGEMENT SYSTEM

My Home Individual Training Plans **Training** My Reviews My Tasks and Gap Analysis Communities My Profile Reports

## Enrollments

Training Catalog  
All Training Activity  
Training Requests  
Approvals Inbox

## My Enrollments

Cataloged Learning

External Learning

Sort

Alphabetically

Group courses by course/phase/certifications and curricula

Title

Search

[ACCP - IS8718 - TRAINING/TRAINING MANAGEMENT PART I \(00010276\)](#)

[more actions](#)

Duration: 05:00 hours

Status: Confirmed ( Registration Date: 04/25/2011 )

**Click on the plus sign**

[Begin Registration](#)

[more actions](#)

Selected Path: [Phase 1](#)

Assigned By: GFEBS Invoice Processor (Assigned On: 10/11/2011)

[STRUCTURED SELF-DEVELOPMENT - LEVEL 1 \(1-250-C49-1 \(DL\)\\_\)](#)

[View Details](#)

[more actions](#)

Phase 1-25% Completed

Selected Path: [Phase 1](#)

Assigned By: Michael Mckenna (Assigned On: 06/08/2012)

# Enrollments Screens

Information in the Grey Bar tells you how many learning items have been completed

The screenshot shows a course enrollment interface. At the top, there is a grey bar with a minus sign icon, the course title "STRUCTURED SELF-DEVELOPMENT - LEVEL 1 (1-250-C49-1 (DL))", a "View Details" button, and a "more actions" link. Below the grey bar, there is a progress indicator showing a green bar at 25% completion, labeled "Phase 1-25% Completed". Below the progress bar, it says "Selected Path: Phase 1" and "Assigned by: Michael Mckenna (Assigned On: 06/08/2012)". At the bottom of the grey bar, there is a plus sign icon and the text "Required: Modules - Level 1 (Progress: 8 of 8 learning items required. 2 of 8 completed)". A yellow callout box points to the plus sign icon with the text "Click here to see a list of all or remaining modules".

Although there is a launch button at the module level, this button only takes you to the introduction regardless of your progress within the module

The screenshot shows a course enrollment interface. At the top, there is a grey bar with a minus sign icon, the course title "Required: Modules - Level 1 (Progress: 8 of 8 learning items required. 2 of 8 completed)", a "Launch" button, and a "more actions" link. Below the grey bar, there is a plus sign icon and the course title "Structured Self-Development - Level 1 (SSDI)\_Module 02 (00019463)". Below the title, it says "Duration: 00:00 hours", "Status: (2)", and "Course: T - LEVEL 1 (1-250-C49-1 (DL))". A yellow callout box points to the plus sign icon with the text "Click here to see the list of lessons".

# List of lessons

  [Structured Self-Development - Level 1 \(SSDI\)\\_Module 02 \(00019463\)](#) [Launch](#)

Duration: 00:00 hours  
Status: Confirmed ( Registration Date: 06/08/2012 )  
Course Iteration Name: STRUCTURED SELF-DEVELOPMENT - LEVEL 1 (1-250-C49-1 (DL)\_  
\_01/01/2012\_crsc1000000000018069

Content: <a href="#">SSDI Mod2 Module 2 Introduction</a> Status: Not Evaluated (Unlimited attempts)	<a href="#">Launch</a>
Content: <a href="#">SSDI Mod2 CCTS</a> Status: Not Evaluated (Unlimited attempts)	<a href="#">Launch</a>
Content: <a href="#">SSDI Mod2 Counterinsurgency Principles</a> Status: Not Evaluated (Unlimited attempts)	<a href="#">Launch</a>
Content: <a href="#">SSDI Mod2 Cultural Effects</a> Status: Not Evaluated (Unlimited attempts)	<a href="#">Launch</a>
Content: <a href="#">SSDI Mod2 How War and Multiple Deployments Impact Subordinates</a> Status: Not Evaluated (Unlimited attempts)	<a href="#">Launch</a>

[Next](#) 

Click to launch lesson

Some lessons may be visible on the next page

# Launch Option Window

How would you like to complete this content?

[Launch it online now](#)

Click here to launch player

						Print	Export	Modify Table
					Status	Completed On	Actions	
						06/11/2012	<a href="#">Launch</a>	
							<a href="#">more actions</a>	
SSDI Mod1 Army Writing Style	Content Module	Required	Attempts Allowed: Unlimited	Successful	06/11/2012	<a href="#">Launch</a>		
							<a href="#">more actions</a>	
SSDI Mod1 Combat Operations Reports	Content Module	Required	Attempts Allowed: Unlimited	Successful	06/11/2012	<a href="#">Launch</a>		
							<a href="#">more actions</a>	
SSDI Mod1 Composite Risk Management	Content Module	Required	Attempts Allowed: Unlimited	Successful	06/11/2012	<a href="#">Launch</a>		
							<a href="#">more actions</a>	
SSDI Mod1 Detainee	Content Module	Required	Attempts Allowed: Unlimited	Successful	06/12/2012	<a href="#">Launch</a>		

# Content Player window

The "Player" windows open automatically

Do not close this window

DO NOT CLOSE  
THE COURSE

When you

Module 2 Introduction  
Course Introduction

U.S. ARMY

Menu Communicate Options Help Exit Click NEXT to continue.

1 of 6

Next page arrow

Learning Assignments

Module

SSDI Mod2 Module 2  
Introduction

Assignment Type Requirement

Content Module Required

Attempts Allowed: Unlimited

Not Evaluated

more actions

# SSD Completion of Lesson Last page (Exit button)

ALMS

https://www.lms.army.mil/ - Module 2 Introduction UNCLASSIFIED - Windows Internet Explorer

Table of Contents

- Module 2 Introduction
- Module 2 Introduction

**Module 2 Introduction**  
**Congratulations**

Level 1, Mod 2

**CONGRATULATIONS!** You have completed the Introduction portion of the Structured Self-Development Level 1 Mod 2. Please proceed to the remaining lessons for this module.

**U.S. ARMY**

Click the EXIT button to close out this lesson.

Menu Communicate Options Help Exit Click EXIT to return to the LMS. 6 of 6

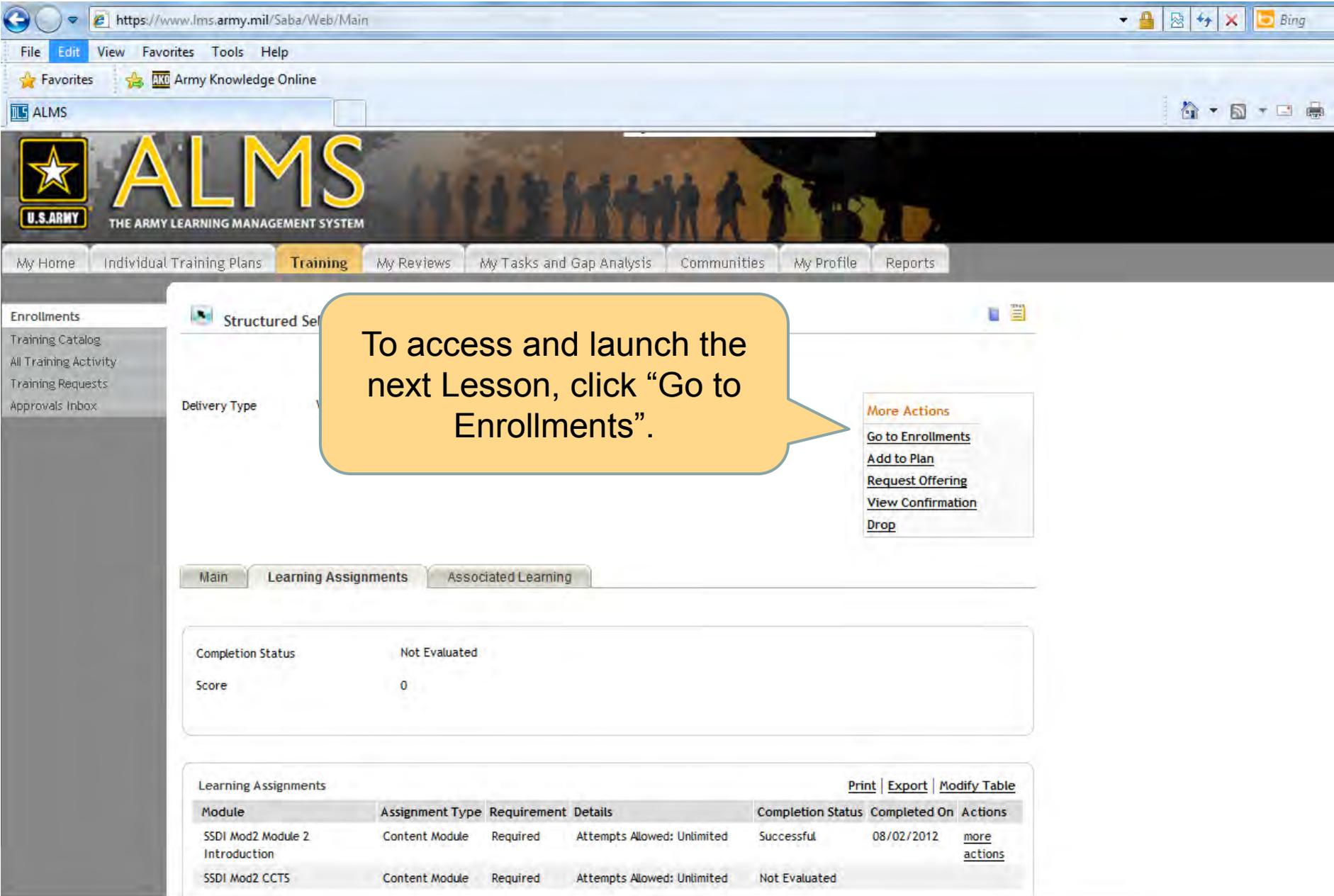
DO NOT CLOSE THE COURSEWARE

When the lesson is completed, you may choose to return to the main menu to the left, or exit.

Click the "Exit" Button to close

Completed On	Actions
SSDI Mod2 Module 2 Introduction	Content Module Required Attempts Allowed: Unlimited Not Evaluated
SSDI Mod2 CCTP	Content Module Required Attempts Allowed: Unlimited Not Evaluated

# ALMS Enrollments in Progress / SSD Module Completed Successful



Structured Set

Delivery Type

**To access and launch the next Lesson, click "Go to Enrollments".**

**More Actions**

- [Go to Enrollments](#)
- [Add to Plan](#)
- [Request Offering](#)
- [View Confirmation](#)
- [Drop](#)

Main | Learning Assignments | Associated Learning

Completion Status: Not Evaluated

Score: 0

Learning Assignments [Print](#) | [Export](#) | [Modify Table](#)

Module	Assignment Type	Requirement	Details	Completion Status	Completed On	Actions
SSDI Mod2 Module 2 Introduction	Content Module	Required	Attempts Allowed: Unlimited	Successful	08/02/2012	<a href="#">more actions</a>
SSDI Mod2 CCTS	Content Module	Required	Attempts Allowed: Unlimited	Not Evaluated		

# ALMS My Enrollments / Launch SSD 1 Module

ALMS

Phase 1-0% Completed  
Selected Path: [Phase 1](#)  
Assigned By: GFEBS Invoice Processor (Assigned On: 10/11/2011)

 **STRUCTURED SELF-DEVELOPMENT - LEVEL 1 (1-250-C49-1 (DL)\_)** [View Details](#) [more actions](#)

Phase 1-25% Completed  
Selected Path: [Phase 1](#)  
Assigned By: Michael Mckenna (Assigned On: 06/08/2012)

  **Structured Self-Development - Level 1 (SSDI)\_Module 02 (00019463)** [Launch](#) [more actions](#)

Duration: 00:00 hours  
Status: **Confirmed** ( Registration Date: 06/08/2012 )  
Course Iteration Name: STRUCTURED SELF-DEVELOPMENT - LEVEL 1 (1-250-C49-1 (DL)\_  
\_01/01/2012\_crsci000000000018069

Content: <a href="#">SSDI Mod2 Module 2 Introduction</a> Status: <b>Successful</b> (Unlimited attempts)	<a href="#">Launch</a>
Content: <a href="#">SSDI Mod2 CCTS</a> Status: Not Evaluated (Unlimited attempts)	<a href="#">Launch</a>
Content: <a href="#">SSDI Mod2 Counterinsurgency Principles</a> Status: Not Evaluated (Unlimited attempts)	<a href="#">Launch</a>
Content: <a href="#">SSDI Mod2 Cultural Effects</a> Status: Not Evaluated (Unlimited attempts)	<a href="#">Launch</a>
Content: <a href="#">SSDI Mod2 How War and Multiple Deployments Impact Subordinates</a> Status: Not Evaluated (Unlimited attempts)	<a href="#">Launch</a>
Content: <a href="#">SSDI Mod2 Leadership</a> Status: Not Evaluated (Unlimited attempts)	<a href="#">Launch</a>

[Next](#) 

Launch the next Lesson

# SSD Check on Learning

Fill in the Block  
Answers must be  
spelled correctly

when the lesson is complete  
you may choose from a menu item  
to the left, or exit.

Army Writing Style  
Check on Learning

Level 1, Mod 1

Directions: Read the following statement and fill in the text box with the correct response. Press the 'Enter' key on your keyboard to submit your answer.

Statement: Department of the Army writing will be clear, \_\_\_\_\_, and effective.

Menu Communicate Options Help Exit Follow onscreen instructions.

10 of 29

Module	Assignment Type	Requirement	Details	Completion Status	Complete
SSDI 01 Mod1 Module 1 Introduction	Content Module	Required	Attempts Allowed: Unlimited	Successful	06/20/20
SSDI 02 Mod1 Army Writing Style	Content Module	Required	Attempts Allowed: Unlimited	Not Evaluated	
SSDI 03 Mod1 Combat Operations Reports	Content Module	Required	Attempts Allowed: Unlimited	Not Evaluated	
SSDI 04 Mod1 Composite Risk Management	Content Module	Required	Attempts Allowed: Unlimited	Not Evaluated	
SSDI 05 Mod1 Detainee Operations	Content Module	Required	Attempts Allowed: Unlimited	Not Evaluated	
SSDI 06 Mod1 Fratricide	Content Module	Required	Attempts Allowed: Unlimited	Not Evaluated	
SSDI 07 Mod1 History of the NCO	Content Module	Required	Attempts Allowed: Unlimited	Not Evaluated	



### Welcome Bobby Kirts

Notice - 12 June 2012: The ALMS will be offline for system maintenance from 7:00 PM EST on 20 June, 2012 until 3:00 AM on 21 June 2012. Please plan your work accordingly.

If you are having a problem, submit a Help Desk Ticket. Click on the "Help Center" link.



**Catalog Search**  
Search for Training here



**Current Enrollments**  
Training I am currently enrolled in



**Completed Training Records**  
Training I have completed



**ACCP Search**  
Search for ACCP Training here



**Assigned Tasks**  
Tasks I am responsible for



**Continuing Army Training (CAT)**



**Browser Setting**  
Check Browser Setting requirements



**Course Map**  
Training requirements, Course progress and Certification status



**Links**  
Help Center  
ALMS Tutorial | Blackboard | ATRRS



**Help using this Site**

*Attention: The Army's New "Supervisor Development Course", required for all supervisors of Army Civilians, is now available through the ALMS. If you would like to learn more about this course, please visit the [Army Management Staff College](#) website. If you are ready to take the course, please visit the [SDC](#) category under the [ALMS](#) website.*

Click on Ask a Question/Submit a Comment

The status indicator below shows the status of the system:

● = Online, 
 ● = Offline, 
 ● = Intermittent

ALMS: ● | Enterprise Blackboard: ● | [ALMS](#) Home: ●

**Announcements**

**Good Morning, Welcome!**

\*\*\*\*\* **ALMS NOTICE** \*\*\*\*\*

‡ ALMS telephones are experiencing heavier than normal traffic which is causing problems, at times, reaching the ALMS Help Desk. ALMS apologizes for the inconvenience and are aware of the problem. They are working quickly to fix the problem. Please keep trying.

[FAQs](#) | 
 [Ask a Question/Submit a Comment](#) | 
 [My Stuff](#) | 
 [Logout](#) | 
 [Help](#)

Logged in as: Bobby Kirts

Search by Category:

Search by Keyword:  [Search Tips](#)

Search By:

1827 FAQs Available

Page:  of 153

Summary
1 Firefox retrieves "Invalid Password" message
2 AKO Status Change
3 Blank Emails From ACCP System
4 ACCP On-line Course
5 Course Completion Certificate
6 Information Assurance (IA) Training
7 Certificate of Completion
8 88M BNCOC Phase IV
9 50 Caliber Gauge Safety
10 Internal Server Error
11 Unable to access "New User" information on ALMS
12 Can I log-in to JKO using my CAC?

The ALMS Help Desk can also be reached at 877-251-0730

[Click here](#) for contact numbers and hours of operation.  
[Click here](#) to see the current Fort Eustis time.