



## LA National Guard Emergency Management Bulletin

January 2018  
Volume FY18 Issue 4



### Purpose

The National Guard (NG) Emergency Management (EM) program is responsible for all activities and operations related to preparing for, mitigating the potential effect of, preventing, responding to, and recovering from all multi-agency and/or multi-jurisdictional emergencies on or impacting NG installations nationwide. The NG EM Program functions within an all-hazards environment consisting of all natural, technological (man-made), and terrorism hazards.

### Vision

To provide the NG EM services when and where they are needed with the joint and interagency capacity necessary to effectively and efficiently protect the NG community and mission capabilities from all hazards.

### Mission

To provide integrated and comprehensive NG EM services necessary to protect our community and mission capabilities from all hazards in a cost effective, implementable, and sustainable manner through resiliency.



### IMPORTANT NUMBERS TO KNOW

**EMERGENCY**  
**Fire-Police-Ambulance**  
**911**

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LA National Guard Joint Operation  
Center 888-278-8748

GOHSEP 225-925-7500

American Red Cross  
1-800-RED-CROSS

Federal Emergency Management  
Agency 1-800-621-FEMA

National Poison Control Center  
1-800-222-1222

National Domestic Violence Hotline  
1-800-799-7233



### EMERGENCY MANAGEMENT

2018 is here and along with it comes our New Year's resolutions to eat right, exercise more, and lose weight. At the end of the Great Depression, about a quarter of American adults formed New Year's resolutions. At the start of the 21st century, about 40% did. In fact, according to the American Medical Association (AMA), approximately 40% to 50% of Americans participate in the New Year's resolution tradition from the 1995 Epcot and 1985 Gallop Polls. A study found 46% of participants who made common New Year's resolutions were likely to succeed, over ten times as much as those who decided to make life changes at other times of the year.

Why not make your resolution this year to build a Family Emergency Plan. Our focus this month is on planning for unique needs and circumstances for your Family. We say "The First 72 is on You" but it's more likely to be 14 days is on you for all of your unique needs. Please read the bulletin and utilize the information to keep you and your family safe this upcoming year. Always Remember, "Be Prepared".

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LANG EM WEB PAGE:  
<http://geauxguard.la.gov/resources/emergency-management/>



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### Unique Needs

Think about your Family's unique needs and circumstances and plan ahead.

#### Be Informed

Identify all hazards that can affect you and your Family. Know the local emergency warning system in your area. Know the appropriate emergency actions. If you live abroad, know your local emergency procedures and how you will receive information. Include cash in the local currency and important translations in your emergency kit.

#### Make a Plan

Make a Family emergency plan. Consider the range of possibilities and places you might be. Plan reactions to various emergencies. Plan how your Family can stay in touch., Practice your plan. People with temporary or long-term challenges must take a proactive approach to ensure that their safety needs are included in all emergency planning. Look into special assistance programs that may be available in your community. Register with the Army Installation or local office of emergency services, local fire department and local utilities to get priority assistance.



#### Build a Kit

Update your emergency plans and kits to reflect your current needs. Consider the basics of survival and the unique needs of your Family including pets. Include enough supplies for at least three days. Assemble emergency supplies in your home, car and workplace. Include items such as baby food, diapers, food for service animals, or eye glasses. Be ready in case you must evacuate quickly.

#### Get Involved.

Everyone has a role in preparedness. Prepared individuals build stronger communities.

**Train:** In an emergency, you may be the first person on the scene. Trained communities more effectively prepare and respond to emergencies.

**Volunteer:** Consider giving back to your community. Donate time and resources to local organizations.

**Share:** Consider integrating emergency preparedness into existing activities. Share preparedness with others, especially children.



For more information visit [www.ready.gov/individuals-access-functional-needs](http://www.ready.gov/individuals-access-functional-needs)



## do **1** thing

SMALL STEPS TOWARD BEING PREPARED FOR AN EMERGENCY

# Unique Family Needs



**THE GOAL:** Be aware of and prepare for your family's unique needs.

*Every household is different. Is there an infant or young child in your home? Does someone in your family have a medical condition that requires medication? Do you have a pet? Before disaster strikes, talk to your family about your household's unique needs. Make a list of special items you may need in a disaster.*

»» CHOOSE ONE OF THE FOLLOWING THINGS TO DO THIS MONTH TO BECOME BETTER PREPARED:

- Talk with family members to identify your household's unique needs.**

What kinds of things can members of your household not be without for 72 hours? The following are some examples of things that can create unique needs for your family. **more >>**



- Infants and young children
- Prescription medication (keep a three day supply with you)
- Health-related supplies (For example, diabetics need insulin syringes, alcohol wipes, and glucometer supplies)
- Assistive devices (glasses, canes, etc.)
- Pets

When you are in a hurry, it is easy to overlook small and important items. Common items like diapers and pet food might not be easy to find right after a disaster. Trying new brands of food or formula, or not having a comfort item, can make disasters more stressful for both children and pets.

Talk to your kids about what to do in a fire, a medical emergency, or a disaster. Make sure they know where emergency supplies are kept, how (and when) to call 911, and who to call if they can't reach you in an emergency.





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**Make a plan to make sure pets are taken care of in a disaster.**

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A disaster may happen while you are away from home. Your neighborhood may be evacuated, or you could be trapped somewhere else and unable to get home. Consider asking a trusted neighbor to check on your pets if you can't get home because of a disaster or emergency. You may also ask them to take your pets with them if an evacuation is ordered while you are not home. Make sure they are comfortable with your pet, and that they know where to find leashes and other supplies.

*Remember, pets are not allowed in most emergency shelters. Talk to your local animal control agency or humane society about options for sheltering your pet in a disaster.*





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**If you or someone in your household has a disability, create an evacuation plan that works for them.**

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People with disabilities are more affected by disaster than others in the community. Accessible services might not be available. Hazards like wildfire, floods, and hurricanes can lead to evacuations. If you have a disability and you live in an area where these things can happen, make sure you have an evacuation plan:

- Make sure you are signed up for any emergency notification systems your community offers. Some notification systems will only call landline phones. If you use a cell phone, you may have to sign up separately.
- Paratransit services may not be available once a disaster happens. Talk to your paratransit provider now to find out what services they can provide when evacuation is ordered.
- If paratransit services aren't available, arrange for someone else to pick you up if an evacuation is ordered. Make sure they will come for you **UNLESS** you tell them not to. That way there won't be any confusion when the time comes. If you can't evacuate, call 911 to let them know your location.
- Talk to your local Red Cross chapter or other organizations who provide emergency sheltering in your community. Make sure that your needs can be met in an emergency shelter. Think about accessible entrances and bathrooms. What methods of communicating with shelter staff, medical services or assistive devices will you need? If you have a service animal, talk to them about what they can provide for the animal. Find out what you need to bring with you. Make sure you have batteries or a charger for any assistive devices in your emergency kit.



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1 January	New Year's Day	Nationwide
6 January	Twelfth Night Celebration	Shreveport Convention Center Lake Charles Civ Cen New Orleans
12-13 January	60 <sup>th</sup> Annual LA Fur/ Wildlife Festival	Downtown Cameron
13-14 January	The Louisiana Marathon	Downtown BR
20 January	Jerk Chicken Festival	Central City BBQ, New Orleans
24-31 January	Cinema on the Bayou Film Festival	Lafayette Area

### Frostbite can be prevented. Here are some tips:

- Limit exposure to cold, wet or windy weather.
- Wear several layers of loose, warm clothing; headgear that fully covers your ears; mittens rather than gloves; socks and liners that fit well, wick moisture and insulate.
- Watch for signs of frostbite, red or pale skin, prickling, and numbness.

### Monthly Shopping List

- Waterproof container for important documents
- One coat, jacket, rain gear or poncho per person.
- Weather-appropriate change of clothes for each person