



## LA National Guard Emergency Management Bulletin

## September 2018 NPM-Special Edition



### Purpose

The National Guard (NG) Emergency Management (EM) program is responsible for all activities and operations related to preparing for, mitigating the potential effect of, preventing, responding to, and recovering from all multi-agency and/or multi-jurisdictional emergencies on or impacting NG installations nationwide. The NG EM Program functions within an all-hazards environment consisting of all natural, technological (man-made), and terrorism hazards.

### Vision

To provide the NG EM services when and where they are needed with the joint and interagency capacity necessary to effectively and efficiently protect the NG community and mission capabilities from all hazards.

### Mission

To provide integrated and comprehensive NG EM services necessary to protect our community and mission capabilities from all hazards in a cost effective, implementable, and sustainable manner through resiliency.

LANG EM WEB PAGE:

<http://geauxguard.la.gov/resources/emergency-management/>



### IMPORTANT NUMBERS TO KNOW

**EMERGENCY**  
**Fire-Police-Ambulance**  
**911**

Michael Green 504-278-8031  
LMD Emergency Management Program  
Coordinator  
[michael.s.green39.mil@mail.mil](mailto:michael.s.green39.mil@mail.mil)

CPT Bobby Woods 318-290-5869  
Camp Beauregard AT/ EM Manager  
[bobby.k.woods.mil@mail.mil](mailto:bobby.k.woods.mil@mail.mil)

Cristina Steib 504-278-8011  
Jackson Barracks EM Manager  
[cristina.m.steib.mil@mail.mil](mailto:cristina.m.steib.mil@mail.mil)

MAJ Michael Dunn 225-319-4675  
GWLC AT/ EM Manager  
[michael.w.dunn20.nfg@mail.mil](mailto:michael.w.dunn20.nfg@mail.mil)

LTC Harry Wilson 318-382-4151  
Camp Minden AT/ EM Manager  
[harry.w.wilson2.mil@mail.mil](mailto:harry.w.wilson2.mil@mail.mil)

LA National Guard Joint Operation  
Center 888-278-8748

GOHSEP 225-925-7500

American Red Cross  
1-800-RED-CROSS

Federal Emergency Management  
Agency 1-800-621-FEMA

National Poison Control Center  
1-800-222-1222

National Domestic Violence Hotline  
1-800-799-7233



**AMERICA'S  
PrepareAthon!**  
Disasters Happen. Prepare Now. Learn How.

### EMERGENCY MANAGEMENT

National Preparedness Month (NPM), recognized each September, provides an opportunity to remind us that we all must prepare ourselves and our families now and throughout the year. This NPM will focus on planning, with an overarching theme: Disasters Happen. Prepare Now. Learn How. Take time to learn lifesaving skills – such as CPR and first aid, check your insurance policies and coverage for the hazards you may face, such as flood, earthquakes, and tornados. Make sure to consider the costs associated with disasters and save for an emergency. The devastating hurricanes and wildfires of 2017 reminded the nation of the importance of preparing for disasters. Often, we will be the first ones in our communities to take action after a disaster strikes and before first responders arrive, so it is important to prepare in advance to help yourself and your community.

Michael Green  
Emergency Manager Program  
Coordinator  
[michael.s.green39.mil@mail.mil](mailto:michael.s.green39.mil@mail.mil)





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NATIONAL PREPAREDNESS MONTH 2018



## National Preparedness Month

National Preparedness Month (NPM), recognized each September, provides an opportunity to remind us that we all must prepare ourselves and our families now and throughout the year. This NPM will focus on planning, with an overarching theme:

**Disasters Happen. Prepare Now. Learn How.**

**PREPARE NOW** **LEARN HOW**



### The 2018 National Preparedness Month Weekly Themes are:

**Week 1: Sept 1-8**

**Week 2: Sept 9-15\***

**Week 3: Sept 16-22**

**Week 4: Sept 23-29**

**Make and Practice Your Plan**

**Learn Life Saving Skills**

**Check Your Insurance Coverage**

**Save For an Emergency**

**\*September 15 is a National Day of Action**



For more information visit [www.ready.gov/september](http://www.ready.gov/september)



## Week 1: September 1-8- Make and Practice Your Plan

### Web Resources

- [Make an Emergency Plan](#)
- Sign up for [alerts and warnings](#) in your area
- Learn your [evacuation zone](#) and have an evacuation plan
- [Make and practice Your Plan graphics](#)



### Social Media Content

- Disasters don't plan ahead. You can. Make an emergency plan today & practice it. Get the [GameAGamePlan APP!](#)
- Preparing your family for an emergency is as simple as a conversation over dinner. Get started with tips from [www.ready.gov](http://www.ready.gov) and [www.getagameplan.org](http://www.getagameplan.org).
- Does your family have a fire escape plan? Make one today & practice two ways out of every room.
- Practice your fire escape plan by having a home fire drill at least twice a year with everyone in the home.
- Download a group texting app so your entire crew can keep in touch before, during & after an emergency.
- Practice evacuating in the car with your animals, so they're more comfortable if you need to evacuate in an emergency.
- Disasters don't plan ahead, but you can Prepare Now. Get the @fema app with weather alerts for up to 5 locations: [www.fema.gov/mobile-app](http://www.fema.gov/mobile-app)
- Sign up for local emergency alerts in your area by searching online.
- Contact your water and power companies to get on a "priority reconnection service" list of power-dependent customers if you rely on electrical medical equipment.
- Find out if laws in your state permit pharmacists to dispense a 30-day refill of medications in an emergency.





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## Week 2: September 9-15-Learn Life Saving Skills

### Web Resources

- Know basic home maintenance to protect your family and home. Learn how to [mitigate your home against flood damage](#), or protect against the [impacts of earthquakes](#).
- Learn how to [turn off utilities like natural gas](#) in your home.
- [Put smoke alarms on every level of your home](#), test them monthly, and replace them when they are 10 years old.
- [Know the ways to keep your home safe](#) from cooking, heating & electrical fires.
- On National Day of Action, Saturday, September, 15, [hold a preparedness event](#).



### Social Media Content

- Keep your family safe. Install natural gas detectors throughout your house.
- Commit to learning and sharing life-saving emergency skills with the [#UntilHelpArrives](#) training <http://go.usa.gov/x5Xcm>
- What's deadly, colorless, and odorless? Carbon monoxide. Protect your family by installing a carbon monoxide detector Do you know how to turn off the gas in your home? Learn how to in case you ever have a gas emergency in your home.
- Be prepared for a power outage by having enough food, water, & meds to last for at least 72 hours: [www.ready.gov/kit](http://www.ready.gov/kit)
- Never use candles for emergency lighting. Use flashlights and stock up on extra batteries. Do you have emergency supplies? Get ahead of the next storm or wildfire by making sure you're ready in case you are asked to leave your home: [www.ready.gov/kit](http://www.ready.gov/kit)
- Do you know what to do when an emergency happens? Learn actions to save a life [#UntilHelpArrives](#): <https://community.fema.gov/until-help-arrives>



## Week 3: Sept 16-22-Check Your Insurance Coverage

### **Web Resources**

- Insurance is the first line of defense; check your [insurance](#) coverage and review the [Document and Insure Property guide](#).
- Flood Insurance allows communities and families to recover more quickly and more fully. Visit [Floodsmart.gov](#) to learn more about flood insurance and how to protect your home or business.
- [Flood Insurance graphics](#)  
*Insured Survivor Video Testimonials*
- US Army Sgt. Boggs almost lost everything during Hurricane #Irma. Flood insurance gave him the financial protection he needed after the storm. Learn more: [https://www.youtube.com/watch?v=PrEP2H\\_Lnf0](https://www.youtube.com/watch?v=PrEP2H_Lnf0)

### **Social Media Content**

- Flooding can be an emotionally and financially devastating event. Just one inch of water can cause \$25,000 in damage to your home.
- Approximately 80% of households impacted by Hurricane Harvey last year did not have flood insurance. Don't become a statistic. Learn more about your flood risk: [www.floodsmart.gov](http://www.floodsmart.gov)
- Most homeowners' and renters' insurance does not cover flood damage. Learn more about flood insurance at [www.floodsmart.gov](http://www.floodsmart.gov)
- Snap photos of important documents and personal belongings to help you quickly file a claim after a flood: <https://youtu.be/i3MfRpND5gk>
- Floods are the most common and costly natural disaster in the U.S. Are you protected? Check your insurance policy today
- Anywhere it rains, it can flood. Learn more about how flood insurance can help protect the life you've built.
- Find out if you live in a flood prone area and how flood insurance can lessen the cost to your family by visiting: [www.floodsmart.gov](http://www.floodsmart.gov).
- At least 25% of small businesses never reopen following a disaster. Purchase flood insurance to protect your business.



## Week 4: Sept 23-30-Save For an Emergency

### Web Resources

- [Plan financially](#) for the possibility of disaster.
- Complete an [Emergency Financial First Aid Kit \(EFFAK\)](#)
- Maintain [emergency savings](#) for use in case of an emergency



### Social Media Content

- What important documents should you have for an emergency? The Emergency Financial First Aid Kit explains them all: <https://go.usa.gov/xNhp6>
- Over 40 percent of all Americans don't have \$400 in savings according to the Federal Reserve. What will you do if there is a disaster? Learn how you become more prepared: [www.ready.gov/financial-preparedness](http://www.ready.gov/financial-preparedness)
- Keep some cash on hand in case of emergencies.
- You will have expenses like lodging, food, and gas, after a disaster. Are you prepared? [www.ready.gov/financial-preparedness](http://www.ready.gov/financial-preparedness)
- Are you prepared for a flood? Floods are the nation's most common and costly natural disaster, causing billions of dollars in damage each year. Get tips: [www.floodsmart.gov](http://www.floodsmart.gov)
- The Emergency Financial First Aid Kit is a tool to help you and your family collect and secure the documents you would need if there was a disaster. [www.ready.gov/financial-preparedness](http://www.ready.gov/financial-preparedness) Set aside a small amount from each paycheck to go into your savings account. Find more tips to help you manage your money to be prepared for the unexpected: <https://www.usa.gov/flec>
- Make digital copies of important documents and save them on the cloud or a secure cell phone app in case disaster strikes.
- Flooding can be an emotionally and financially devastating event. Just one inch of water can cause \$25,000 in damage to your home. To learn more visit [www.FloodSmart.gov](http://www.FloodSmart.gov)



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# FAMILY EMERGENCY PLAN



Your Family may not be together when disaster strikes, so plan what you will do in different situations and plan how you will contact one another.

### Family Evacuation Procedure

Where the Family will meet near home: \_\_\_\_\_ Phone: \_\_\_\_\_

Alternate meeting place if access is blocked: \_\_\_\_\_ Phone: \_\_\_\_\_

### Family Communications Procedure

- Fill in the information below. Add other important information to suit your Family's circumstances.
- Keep this plan with your emergency supplies kit, along with your command's standard and emergency reporting procedures.
- Ensure all Family members have the most important contact information for each other.

### Where Your Family Spends Time

Work: _____	Work: _____	School: _____
Address: _____	Address: _____	Address: _____
Phone: _____	Phone: _____	Phone: _____
Evac Location: _____	Evac Location: _____	Evac Location: _____
School: _____	Other: _____	Other: _____
Address: _____	Address: _____	Address: _____
Phone: _____	Phone: _____	Phone: _____
Evac Location: _____	Evac Location: _____	Evac Location: _____

### Contact Information

Out-of-Town Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_ Alternate Phone: \_\_\_\_\_

### Family Members

Name: _____	Birth Date: _____	SSN: _____	DL#: _____
Passport #: _____	Prescription/Medical Info: _____		
Name: _____	Birth Date: _____	SSN: _____	DL#: _____
Passport #: _____	Prescription/Medical Info: _____		
Name: _____	Birth Date: _____	SSN: _____	DL#: _____
Passport #: _____	Prescription/Medical Info: _____		
Name: _____	Birth Date: _____	SSN: _____	DL#: _____
Passport #: _____	Prescription/Medical Info: _____		



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### Family Members (Continued)

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ SSN: \_\_\_\_\_ DL#: \_\_\_\_\_  
 Passport #: \_\_\_\_\_ Prescription/Medical Info: \_\_\_\_\_  
 Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ SSN: \_\_\_\_\_ DL#: \_\_\_\_\_  
 Passport #: \_\_\_\_\_ Prescription/Medical Info: \_\_\_\_\_  
 Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ SSN: \_\_\_\_\_ DL#: \_\_\_\_\_  
 Passport #: \_\_\_\_\_ Prescription/Medical Info: \_\_\_\_\_

### Command Information

\_\_\_\_\_  
 \_\_\_\_\_

### Insurance Policy Numbers and Contacts

Medical/Dental: \_\_\_\_\_ Homeowners/Renters: \_\_\_\_\_  
 Automobile: \_\_\_\_\_ Life: \_\_\_\_\_

### Provisions for Utilities

In various emergency situations, whether you evacuate or shelter-in-place, you may be advised to cut off ventilation systems or utilities. Write the locations of, and instructions for, these controls and any tools necessary to change them. (Like fire and evacuation plans, this is a good thing to review and practice with the whole family.)

Electricity: \_\_\_\_\_ Gas: \_\_\_\_\_  
 Water: \_\_\_\_\_ Ventilation: \_\_\_\_\_

### Important Records

Use checklists to help collect important papers to keep with your emergency supplies kit for ready access in case of evacuation.

#### Personal

- Military ID Cards
- Social Security Cards
- Citizenship Papers
- Vehicle Registration/ownership records
- Birth Certificates
- Passports
- Medical Records
- Marriage License; divorce records
- Wills
- Power(s) of Attorney (Personal/Property)

#### Financial

- Bank statements
- Bills (Electricity, Water, Gas)
- Tax returns, property tax statements
- Credit/debit statements
- Health Insurance cards/records
- Investment/retirement account records
- Mortgage statement or lease
- Other insurance records
- Income records (including government benefits, child support, alimony)

### Accountability Reporting Information

Army Disaster Personnel Accountability and Assessment System (ADPAAS)

### Other Information Sources

- Army One Source: <https://www.myarmyonesource.com/default.aspx> Safe and Well List: [www.redcross.org/find-help/contact-family](http://www.redcross.org/find-help/contact-family)  
 Recover Resources: <https://www.fema.gov/recovery-resources> Army Emergency Relief: [www.aerhq.org](http://www.aerhq.org)  
 Military OneSource: [www.militaryonesource.mil](http://www.militaryonesource.mil) Federal Emergency Management Agency: <https://www.fema.gov/>  
 Ready Army: <http://www.acsim.army.mil/readymil/>  
 Governor's Office of Homeland Security & Emergency Preparedness: <http://www.gohsep.la.gov/>







# Family Communication Plan

Let them know  
you're OK!

Pick the same person for each family member to contact. It might be easier to reach someone who's out of town.

Emergencies can happen at any time. Does your family know how to get in touch with each other if you are not all together?

Before an emergency happens, have a family discussion to determine who would be your out-of-state point of contact, and where you would meet away from your home — both in the neighborhood and within your town.

## Important Information

Fill in this information and keep a copy in a safe place, such as your purse or briefcase, your car, your office, and your disaster kit. Be sure to look it over every year and keep it up to date.

### Out-of-Town Contact

Name: \_\_\_\_\_

Home: \_\_\_\_\_

Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Facebook: \_\_\_\_\_

Twitter: \_\_\_\_\_

### Neighborhood Meeting Place:

\_\_\_\_\_

\_\_\_\_\_

### Regional Meeting Place:

\_\_\_\_\_

\_\_\_\_\_

### Work Information

Workplace: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Facebook: \_\_\_\_\_

Twitter: \_\_\_\_\_

Evacuation Location: \_\_\_\_\_

Workplace: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Facebook: \_\_\_\_\_

Twitter: \_\_\_\_\_

Evacuation Location: \_\_\_\_\_

### School Information

School: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Facebook: \_\_\_\_\_

Twitter: \_\_\_\_\_

Evacuation Location: \_\_\_\_\_

School: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Facebook: \_\_\_\_\_

Twitter: \_\_\_\_\_

Evacuation Location: \_\_\_\_\_

School: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Facebook: \_\_\_\_\_

Twitter: \_\_\_\_\_

Evacuation Location: \_\_\_\_\_



<http://www.ready.gov/kids>



# Family Communication Plan

Emergencies can happen at any time. Do you know how to get in touch with your family if you are not together?

*Let them know you're OK!*

Pick the same person for each family member to contact. It might be easier to reach someone who's out of town.

*Text, don't talk!*

Unless you are in immediate danger, send a text. Texts often have an easier time getting through during emergencies, and you don't want to tie up phone lines needed by emergency responders (like 911).



## Know the Numbers!

Home: \_\_\_\_\_

Adult: \_\_\_\_\_

Parent: \_\_\_\_\_

Home: \_\_\_\_\_

Cell: \_\_\_\_\_

Cell: \_\_\_\_\_

Work: \_\_\_\_\_

Neighbor: \_\_\_\_\_

Parent: \_\_\_\_\_

Home: \_\_\_\_\_

Cell: \_\_\_\_\_

Cell: \_\_\_\_\_

Work: \_\_\_\_\_

Neighbor: \_\_\_\_\_

My cell: \_\_\_\_\_

Home: \_\_\_\_\_

Cell: \_\_\_\_\_

Sibling: \_\_\_\_\_

Out of state friend/relative:

Cell: \_\_\_\_\_

\_\_\_\_\_

Home: \_\_\_\_\_

Sibling: \_\_\_\_\_

Cell: \_\_\_\_\_

Cell: \_\_\_\_\_

*Memorize your home and parents' cell phone numbers!*



Cut this out and keep it somewhere safe like your backpack, school notebook, or wallet. Or input these numbers into your cell phone if you have one.



<http://www.ready.gov/kids>