



LA National Guard Emergency Management Bulletin

January 2020
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Purpose

The National Guard (NG) Emergency Management (EM) program is responsible for all activities and operations related to preparing for, mitigating the potential effect of, preventing, responding to, and recovering from all multi-agency and/or multi-jurisdictional emergencies on or impacting NG installations nationwide. The NG EM Program functions within an all-hazards environment consisting of all natural, technological (man-made), and terroristic hazards.

Vision

To provide the NG EM services when and where they are needed with the joint and interagency capacity necessary to effectively and efficiently protect the NG community and mission capabilities from all hazards.

Mission

To provide integrated and comprehensive NG EM services necessary to protect our community and mission capabilities from all hazards in a cost effective, implementable, and sustainable manner through resiliency.

LANG EM WEB PAGE:

<http://geauxguard.la.gov/resources/emergency-management/>



IMPORTANT NUMBERS TO KNOW

EMERGENCY
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911

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LA National Guard Joint Operation
Center 888-278-8748

GOHSEP 225-925-7500

American Red Cross
1-800-RED-CROSS

Federal Emergency Management
Agency 1-800-621-FEMA

National Poison Control Center
1-800-222-1222

National Domestic Violence Hotline
1-800-799-7233



EMERGENCY MANAGEMENT

Well we have made it to 2020 and along with it comes our New Year's resolutions to eat right, exercise, save more money and lose weight. I wonder how well we will do.

In this month's edition we will be talking about Heating Safety Tips, Power Outage Safety, Natural Gas, Emergency Plans, Financial Preparedness and Safeguarding your Personal and Financial Records.

These items are chalked full of information for you to prepare your family emergency plan for your home and work. Now is a great time to restock your emergency kit.

The best time to prepare is before the event happens. Always Remember, "Be Prepared".

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Heating Safety Tips

Space heaters cause 1/3 of home heating fires and 4/5 home heating fires deaths. Protect your family with tips from USFA <http://www.nfpa.org/public-education/by-topic/top-causes-of-fire/heating>

Heating is the 2nd leading cause of home fires after cooking. Get Winter Safety tips from USFA www.usfa.fema.gov/prevention/outreach/heating.html

Shivering, memory loss, and slurred speech signs of hypothermia. Learn the other signs here: www.cdc.gov/disasters/winter/index.html

Staying warm with a space heater? Make sure it has an auto shut-off in case it tips over. Check a family/friends today.

Winter fires can be deadly. When using your fireplace always keep a metal or heat tempered screen around it to stay safe.

Keep anything that can burn at least 3 feet away from a fireplace, wood stove, or space heater.

Watch this short video from to learn how to prevent portable heater fires in your home this: <http://www.youtube.com/watch?v=9AMQ1ASnmNU>

If you're running a portable generator, you need to have a working Carbon Monoxide alarm in your home.

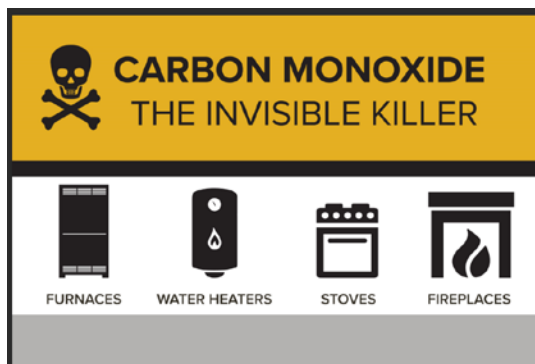
Winter Safety Tip: NEVER use a generator, camp stove, charcoal grill, gasoline or propane heater indoors.

NEVER heat a home by using the stovetop or oven.

Keep generators outside at least 20 feet away from doors, windows, and vents to avoid accidental CO poisoning.

Wear layered clothing and use blankets to stay warm during a Winter Storm.

Heating equipment is a leading cause of home fire deaths in the U.S.



Power Outage Safety

Winter Storms can cause power outages. Share these tips and prepare now: www.ready.gov/power-outages

Make a plan to check on neighbors if extreme cold or winter weather knocks out your power. Get the kids involved in preparing for power outages before winter weather.

Power Outage tip: Dim the brightness in your cell phone settings to save battery life.

Need to take shelter in extreme cold? Contact your local Office of Emergency Management to find a warming center near you: www.fema.gov/emergency-management-agencies



Power Outage Safety Cont'd

Create or update your emergency supplies with this list: www.ready.gov/kit

Have emergency supplies at home in case there is a power outage.

Learn what supplies you may need when a power outage happens at <https://www.ready.gov/kit>

Stock up on batteries for flashlights, radios, medical devices, and phones in case there is a power outage.

Always have extra batteries in your emergency kit: <https://www.ready.gov/kit>

Ask your doctor or health care provider about how you can prepare for a power outage if you have medical needs.

Make sure your loved ones who use medical equipment can keep using it if there is a power outage.

Have medication for at least three days in your emergency supplies.

If you have medical needs and rely on medical equipment, make a plan before a power outage or other emergency: <https://www.ready.gov/power-outages>

Keep water, non-perishable food and other supplies at home.

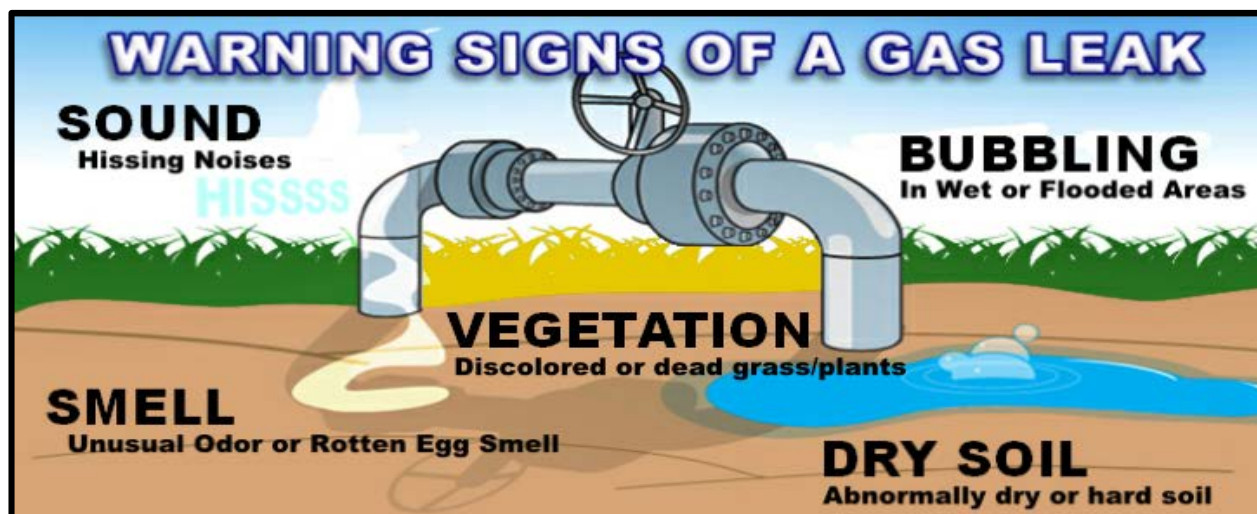
Check the expiration date on your emergency supplies, and replace any old items.



Natural Gas

Protect your family by putting natural gas detectors in your home.

Install natural gas detectors throughout your house.





Natural Gas Continued

If you live in an apartment, talk to your building manager or landlord about how to turn off the gas in an emergency.

Carbon monoxide is deadly, colorless, and odorless. Put natural gas detectors in your home to detect carbon monoxide.

If you ever smell natural gas, Get Out! Call 9-1-1 once you get to a safe distance from your house.

Know how to turn off the gas in your home in case you ever have a gas emergency.

Did You Know most natural gas detectors can detect propane and carbon monoxide? Select a detector that can handle both.

Get a detector that can check for several types of gases including natural, propane, and carbon monoxide.

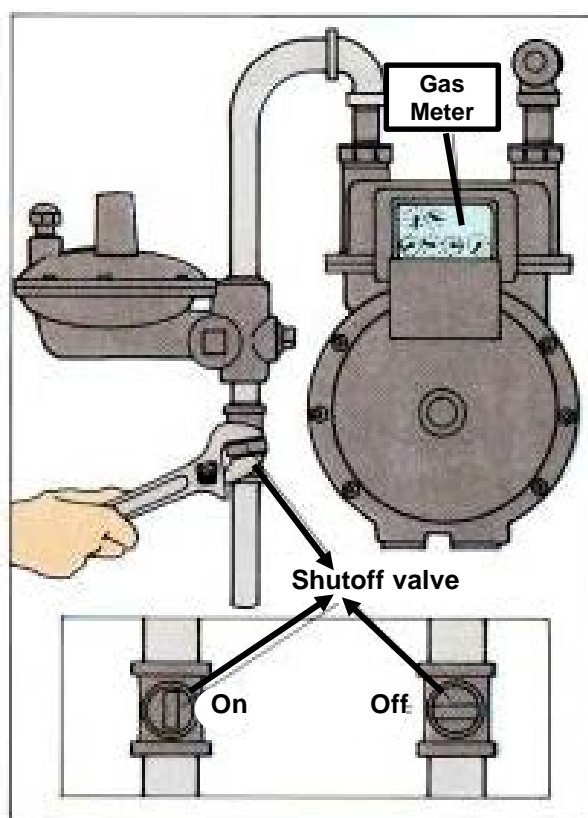
Save money and get a natural gas detector that can check for propane and carbon monoxide too.

Gas shut-off procedures vary by gas meter. Learn your proper shut off procedure and tell everyone in your household.

Practice the proper gas shut-off procedure for your unit, BUT do not actually turn off the gas when practicing.

If you turn off the gas in an emergency, get a qualified professional to turn it back on.

Gas Shutoff Valve





Emergency Plan

Know your alerts and warnings. Download the FEMA app to stay informed:

<https://www.fema.gov/mobile-app>

Have a plan before an emergency. Get prepared at www.ready.gov/plan

Keep important documents in a safe place like a waterproof and fireproof safe or box.

Discuss with your family how you will communicate if there is an emergency.

Decide and practice your emergency plan with your family.

Know several evacuation routes before an emergency happens.

Houses, apartments, and high-rise buildings have different evacuation considerations. Make a plan for each: <https://www.ready.gov/plan-for-locations>

If you live in a mobile home, create an emergency plan that includes alternate shelter locations and practice getting there.

Ask your neighbor about their plans during an emergency. You may be able to work together. Know where all the exit doors and stairs are on your apartment floor. Put this info in your emergency plan.



Financial Preparedness

Save for a rainy day, you never know when it may pour. Here's how:

<https://www.ready.gov/financial-preparedness>

Emergencies will happen, but your savings can be your fall back plan. Start saving today! Create a budget that includes putting money into an emergency fund every month.

<https://www.ready.gov/financial-preparedness>

Pay yourself first! Before you spend, put a little bit of it in your savings account.

<https://www.ready.gov/financial-preparedness>

56% of adults can cover a \$400 emergency. Be part of the growing number who are savers and have an emergency fund.

Life can be unpredictable. It pays to have an emergency fund for when life happens.

Teach your kids this simple Life Saving Skill: save some money now to be one-step ahead when an emergency hits.

Your emergency savings can help you get life saving items like food, shelter, and water in an emergency. Saving Tips: <https://www.ready.gov/financial-preparedness>





Safeguarding your Personal and Financial Records

STEP 1: Gather your personal and financial documents – Use the following checklist to help you gather and organize your valuable documents.

* Personal Records

- Military ID Cards and Passports
- Insurance records (Medical cards and records, auto, life, group accident and home or rental insurance)
- Bank/credit union statements
- Birth certificates or adoption papers
- Marriage license and divorce decrees
- Social Security cards
- Citizenship papers
- Wills and Record of Beneficiaries
- Pet proof of ownership and vaccination records
- Vehicle Registration/ownership records
- Powers of attorney (personal/property)

STEP 3: Store all original documents, photographs and computer back-up disks in an off-site safety deposit box. Be sure to keep this key in a secure place.



STEP 2: Put copies of your documents in a waterproof, portable emergency supply kit.

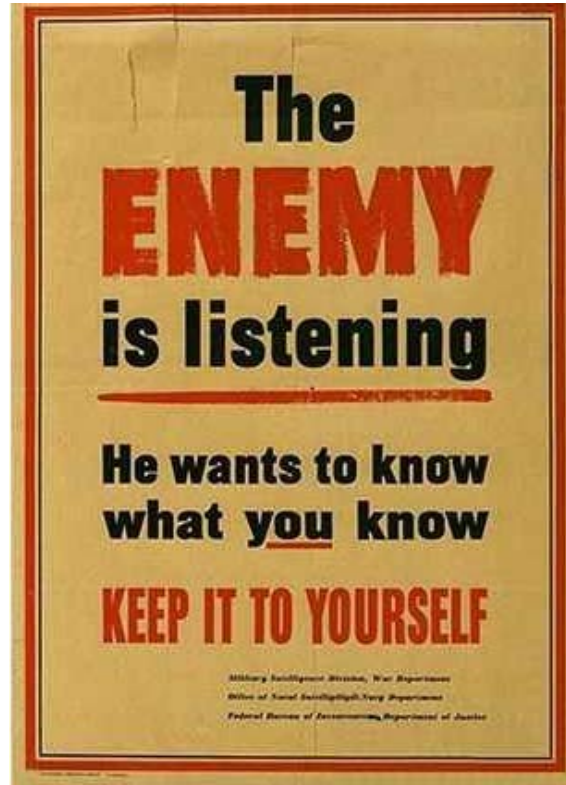
* Financial Records

- Tax returns and property tax statements
- Bank/credit union statements
- Credit/debit card statements
- Investment and retirement account records
- All income records (including government benefits, child support and alimony)
- Mortgage statement or lease
- Bills (electric, gas, water, phone, etc.)





- Not just Facebook, but also Twitter, Instagram, Snapchat, YouTube, Blogs, Forums and more
- Our enemies are always looking to piece together important information to see the “Big Picture”
- Practice Operations Security (OPSEC), the responsibility doesn’t just fall on Service Members, but Families too
- OPSEC violations are punishable under UCMJ and LCMJ



OPSEC Products and Training (CAC Required)

<https://www.iad.gov/ioss/>

Online Training

OPSEC Fundamental Course (OPSE-1301) CBT (Prerequisites for OPSE-2380 and 2390)

Classroom Training

OPSEC Analysis Course (OPSE-2380) (2day)

OPSEC Program Management Course (OPSE-2390) (2day)

OPSEC Awareness Training

<https://securityawareness.usalearning.gov/opsec/index.htm>