



## September is National Preparedness Month

National Preparedness Month (NPM), is recognized each September to promote Family and community disaster and emergency planning now and throughout the year. The 2023 theme is "Take Control in 1,2,3."

### The 2023 National Preparedness Month Weekly Themes are:

Week 1: September 3-9	Make a Plan
Week 2: September 10-16	Build a Kit
Week 3: September 17-23	Prepare for Disasters
Week 4: September 24-30	Preparing Older Adults

Emergencies, by definition, leave little or no time to react. The increased threat of terrorism and naturally occurring disasters demonstrate the need for our Guard Community to be prepared for any emergency.

To help prepare the Guard Community for all hazards, Ready Army encourages everyone to – Make a Plan. Build a Kit, Prepare for Disasters, and Preparing for Older Adults. The Army's campaign expands upon the National Ready Campaign to provide targeted information to support the unique needs of our Guard community stationed around the world.

The Guard recognizes the continued commitment and sacrifice that Soldiers and their Families make every day. Ready Army supports that commitment by strengthening our Army community and the peace of mind of our deployed Soldiers, who can focus on their critical duties knowing their loved ones know what to do if an emergency strikes.

Soldiers take care of Soldiers; Guard Families take care of Guard Families; and in the Guard, we take care of each other. This underlying compassion creates an attitude that we are in this together. Instituting emergency preparedness and education programs such as Ready Army helps prepare the entire Army Community; and a prepared community saves lives.

*For more information about disasters, preparedness, and ways to get involved In America's PrepareAthon!, go to:*

<https://www.fema.gov/plan-prepare>

<https://www.ready.gov/september>



## "Prepare to Protect"