

2024

# September is National Preparedness Month.

The LANG National Preparedness Month campaign will focus on preparing for Disasters.



Disasters Don't Wait.  
**MAKE YOUR PLAN TODAY**

WEEK  
**1**

**Week 1: September 01-07**  
[MAKE A PLAN](#)

WEEK  
**2**

**Week 2: September 08-14**  
[BUILD A KIT](#)

WEEK  
**3**

**Week 3: September 15-21**  
[PREPARE FOR DISASTERS](#)

WEEK  
**4**

**Week 4: September 22-28**  
[PREPARING PETS](#)



Louisiana Military Department



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The life they have built is worth protecting.  
Help those who has helped you and your family.



WEEK  
1

## Week 1: September 01-07

### MAKE A PLAN

Talk to your friends and family about how you will communicate before, during, and after a disaster.

- Step 1: Put a plan together by discussing the questions below with your family, friends or household to start your emergency plan.
  - How will I receive emergency alerts and warnings?
  - What is my shelter plan?
  - What is my evacuation route?
  - What is my family/household/neighbor's communication plan?
- Step 2: Consider specific needs in your household.
- Step 3: Fill out a Family Emergency Plan.
- Step 4: Practice your plan with your family/household.



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<http://geauxguard.la.gov/resources/emergency-management/> <https://gohsep.la.gov/> <https://getagameplan.org/>  
<https://www.ready.gov/> <https://ready.army.mil/>

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WEEK  
2

## Week 2: September 08-14

BUILD A KIT

Gather supplies that will last for several days after a disaster for everyone living in your home. Don't forget to consider the unique needs of each person or pet you may have in case you have to evacuate quickly.

- ☑ Basic Disaster Supplies and Additional Emergency Supply checklists are available on the Preparedness websites below.
- ☑ Maintain Your Kit (Store boxed food in cool, dry place in tightly closed plastic or metal containers. Replace expired items as needed.)
- ☑ Since you do not know where you will be when an emergency occurs, prepare supplies for home, work and cars.
- ☑ CDC recommends including items such as soap, hand sanitizer, disinfecting wipes to disinfect surfaces.
- ☑ Med



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WEEK  
3

## Week 3: September 15-21

### PREPARE FOR DISASTERS



Limit the impacts that disasters have on you and your family. Know the risk of disasters in your area and check your insurance coverage. Learn how to make your home stronger in the face of storms and other common hazards and act fast if you receive a local warning or alert.

- Know what disasters and hazards could affect your area, how to get emergency alerts, and where you would go if you and your family need to evacuate.
- Check you local Parish or City Office of Emergency Management website for specific threats in your area.
- Hurricanes are dangerous and can cause major damage because of storm surge, wind damage, and flooding. Storm surge is historically the leading cause of hurricane-related deaths in the United States.



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WEEK  
4

## Week 4: September 22-28

PREPARING PETS

We need to remind pet owners to always include their furry friends in their emergency plans and preparedness preparation. Pets are important members of our family, so ensure you have the things they will need to be safe and healthy during an emergency.

- Include your pets in your emergency plans.
- Build a separate emergency kit for your pets.
- Make sure and keep digital records and/or pictures to identify your pet after a disaster in case you become separated.
- Create a list of places that accept pets if an emergency happens.



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